

Our mission at Nature's Way Dentistry is to have the healthiest and happiest patient population on the Palouse. We can achieve our goal through a paradigm shift in the way that we think about dentistry. By thinking preventatively and targeting your whole-body-health we plan to save you time, money, and increase the quality of your life.

In order for us to assist in a healthier you, we must consider two things. The first factor is we must keep the bad bacteria in your mouth below a certain threshold. Why is this important? When bacterial levels are above this threshold you not only increase your risk of gum disease and tooth decay, but you can increase your risk for heart disease, brain disease, autoimmune disease, as well as many other ailments. In addition to the impact on your overall health, the long-term cost of your health care multiplies as your quality of life decreases.

The second factor that we want to address is making conscious decisions about what we put in our bodies. There are many dental materials being used today. We believe the materials we use at Nature's Way Dentistry are the safest and most biocompatible products on the market.

At Nature's Way Dentistry we focus our efforts on preventative care. Aside from numerous health benefits, preventative care can have a large financial impact. Reports have shown that for every dollar spent on preventive dental care, you can save between \$4 and \$50 in restorative dental care. (1) The return on investment is quite impressive, especially when you consider that calculation does not address the increased costs associated with other whole-body diseases that can help to be prevented by taking care of your teeth and gums.

To make prevention possible, we believe we must change the dental experience so that people find going to the dentist enjoyable. You will find that we specialize in a number of ways to help you relax and will tailor the experience to your individual needs, whether that be aromatherapy, massage therapy, or video glasses. By reducing stress we not only make your experience more enjoyable, we also speed your recovery from dental procedures.

We are also networking with the local community to make it easier than ever to live a healthier life. Don't hesitate to ask questions or look for links on our website for the local Food COOP, discounts at your local gyms, along with other healthy-living resources.

We believe that our environment, expertise, and approach will ensure that your preventative care becomes easy, making you a healthier person, saving you money, and increasing your happiness and quality of life.

Welcome to Nature's Way Dentistry! We are so glad that you are here.

